

Sikh Dharma International
Japji Sahib Course

July 5 – July 7, 2009



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Ek Ong Kaar Kaur Khalsa

Ek Ong Kaar Kaur travels the world teaching and sharing her great knowledge and expertise on Conscious Living as taught by the Siri Singh Sahib, Yogi Bhajan. She has translated Guru Nanak's Japji Sahib, the Song of the Soul and Guru Amar Das' Anand Sahib, the Song of Bliss. She is a minister of Sikh Dharma and the Creative Director of Sikh Dharma International.



Bibiji Inderjit Kaur

Affectionately known as Bibiji, this saintly women is the wife of the late Siri Singh Sahib Yogi Bhajan and the Bhai Sahiba of Sikh Dharma. She has dedicated her life to the ministerial and missionary work of the Sikhs in the West, teaching and counseled people for over 30 years. Bibiji will be with us for the camp, and talk with us each afternoon. We are fortunate to have her blessings and guidance for the camp.



Shanti Kaur Khalsa

Shanti Kaur Khalsa s a wife, mother, and security professional. She is the Vice President at Akal Security. She is an active Sikh patriarch in the United States and abroad. Her involvement with Sikh teenagers has led to mentoring young people around the world in the Sikh rehit, both in their personal and professional lives. She is an active kirtani, and has traveled widely giving inspirational kirtan and lecture programs. She is a published historian, and regularly contributes articles on both current events and Sikh history to Sikh publications.



Mata Mandir Singh Khalsa

Mata Mandir Singh was born in 1952 in the USA and currently resides in New Mexico with his wife, Sat Nam Kaur, and family, and is a life-long student of Yogi Bhajan. He has been teaching Kundalini yoga and gatka (an ancient martial art used by the Gurus) - for decades. Mata Mandir specializes in yoga of sound, naad yoga, and has produced more then 25 CD's and tapes with mantras where he plays guitar and sings along with a host of fantastic musicians. Many of those CD's are available here at yogaofsound.com, and we welcome you to explore the website and sample all the wonderful music to be found here.



Dev Suroop Kaur Khalsa

is an internationally respected musician, recording artist, and teacher of Naad Yoga, the art of using sound to deepen transformation and healing. She is a long time student of Yogi Bhajan, world-revered Teacher and Master of Kundalini Yoga and a Certified Kundalini Yoga Teacher Trainer. Also a lifelong student of jazz and classical music. She has intensively studied Indian Classical Music with masters in Indi. As well a songwriter, composer, and accomplished vocalist trained in piano, harmonium and guitar She is skilled in leading groups, large and small, in transformative prayer, chanting and song.



Guruka Singh Khalsa

Guruka Singh founded SikhNet in 1984 as a computer bulletin board system before the internet as we know it was implemented. Guruka Singh has been with SikhNet.com since 2004. He is a teacher, writer and inveterate punster. He does management, administration, business networking, fundraising, communication and teaching. In 2008 he took over the duty of being News Editor. He is a source of inspiration to SikhNet staff as well as the entire "cybersangat". He has been featured in over 70 SikhNet video interviews.



Ravi Kaur Khalsa

brings her 20 years of Administrative Assistant skills to the office of Sikh Dharma. Since 1984 she has worked under the direction of the Siri Singh Sahib where she started out at 3HO SuperHealth and then moved to the Sikh Dharma administration offices in Los Angeles, CA. She recently has worked 6 years producing events that offer the Siri Singh Sahib's teachings and technology to the global community. She was also a pioneer in the India educational programs where she went to middle and high school in the foothills of the Himalayas in Northern India. She brings her high energy and dyanmic leadership skills to the office of Sikh Dharma International. "Sikh Dharma is my life and I'm truly blessed and honored to be working so directly for the organization."

Ravi Kaur lives in Espanola with her husband, Avtar Hari and their yellow lab, Ty. She enjoys Bhangra, sugar free baking, playing kirtan, designing and making clothes, rock climbing, running, mountain biking, swimming at the beach, and travelling around the world meeting others in our global community.



Guruprakash Kaur Khalsa

"Growing up in this Dharma has been my truest blessing. Born and raised in Southern California, my real upbringing happened in India at Miri Piri Academy where my life was transformed and I became Khalsa. After 3 years studying to become a Chiropractor, I realized how much I missed being in and serving in the daily Khalsa environment. I went back to Miri Piri Academy and served as both a Student Guide and Administrative Assistant to the Principal. After 3 years I moved to Espanola, NM to be with my husband and continued to serve as the General Manager of SDEI for 3 more years. After taking time for my first child, my heart was called again to serve the Sikh Dharma global family. I served as the Chief Financial Officer for SikhNet, and with SDI as Products Manager for the past year (...see our Online Store!). I am blessed and honored to serve the Office of Dasvandh, as Director, which is very dear to my heart. I look forward to holding this incredible, sacred space and continuing this journey within Sikh Dharma."

Guruprakash Kaur lives with her husband, Guru Darbar Singh, 3 year old son, Ravijit Singh and her 3 month old son, Sukhprem Singh.

Daily Schedule

On-site Registration for the course is on July 5th from 2pm-4pm. The official start of the course will be orientation at 4-5:30pm with dinner following. The course will end with dinner on July 7th.

3:45-7am	Japji Sahib, Sadhana, and Morning Gurdwara
8:00-9:00am	Breakfast
9:00am	Morning Class
12:30pm-1:30pm	Lunch
1:30pm	Afternoon Class
5:30pm-6:30pm	Dinner
6:30-8:00pm	Evening Class

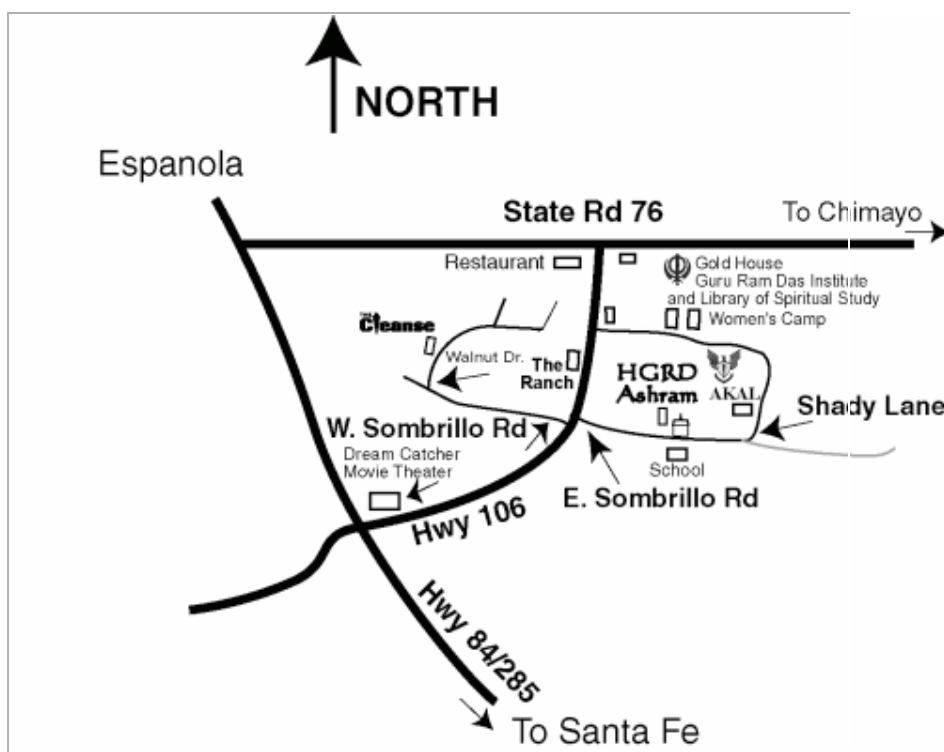
Travel Information

Location:

Hacienda de Guru Ram Das Ashram
 01-A Ram Das Guru Place
 Espanola, New Mexico 87532
 Website: www.espanolaashram.com

Map and Directions to HGRD (Hacienda de Guru Ram Das)

Below is a small map of the Ashram area and surrounding streets. (For available transportation to and from the Albuquerque International Airport, *see below.*)



Driving Directions

From the Albuquerque Airport:

- Follow the exit signs out of the airport to I-25 North - to Santa Fe.
- Get on I-25 North and follow the signs to Santa Fe.
- Drive approximately one hour on I-25 north until you reach the exits for Santa Fe.
- Take the "St. Francis Drive" exit for Santa Fe.

The total driving time from the Albuquerque airport to Santa Fe is approximately 1 hour

From Santa Fe:

- Drive North through Santa Fe on St. Francis Drive.
- When you leave town you will be on 84/285 North – going towards Espanola.
- Continue driving on 84/285 North for approximately 26 miles toward Espanola. (Pass several casinos and drive through a small town called Pojoaque.)
- When you reach the top of a hill at a signal light, just in front of the Dreamcatcher Movie Theater, turn right onto Highway 106.
- Go 1/8 mile on Highway 106 to "East Sombrillo Road".
- Turn right on "East Sombrillo Road".
- Go 1/8 mile on "East Sombrillo Road". Pass a golden dome temple – Hacienda de Guru Ram Das (HGRD) Ashram – on your left and a former elementary school on the right.
- Turn left into the parking lot on your left, going through the iron gates, and park.

The total driving time from Santa Fe to Espanola is approximately 30 minutes

Air Travel

The closest airport is Albuquerque, New Mexico. Approximately 90 miles from the Ashram. The Airport code is ABQ.

Airport Shuttle Options:

Twin Hearts Shuttle--Travels between Albuquerque International Airport and Espanola. Phone: 1-800-654-9456 or 505-751-1201.

Sandia Shuttle Express--Only travels between Albuquerque International Airport and Santa Fe. Phone: 505-474-5697 or toll free at 1-888-775-5696. [Sandia Shuttle Express website.](#)

Travel Dates:

Arrive on July, 5th to the Albuquerque Airport in the morning or early afternoon. You can take a morning or afternoon shuttle to the Ashram. From the Albuquerque airport to Espanola it is approximately a 1.5 - 2 hour drive. There is Sunday Gurdwara from 10am to about 1pm, and then Langar (Lunch) is served afterwards, all are welcome. Registration is from 2-4pm, and the course begins with orientation at 4-5:30pm with dinner following.

Depart The course ends with dinner on July, 7th. You can take a shuttle the next morning/afternoon* to the airport. We suggest you book a late morning or early afternoon flight. *Unless you are planning on attending *The Gurbani Kirtan Course*, in which case you should plan to depart July 15th.

Accommodations

Some individuals in our community will take in guests on request. Please contact the ashram secretary for more information, Gurumeher Kaur - (505) 753-6341 GuruMeherK@sikhdharma.org.

The city of Española has a variety of hotels to accommodate a short-term stay. You will need to rent a car as these hotels are not within walking distance of the Ashram. To see a listing of hotels in the area please visit, <http://www.espanolaonline.com/lodging/>

Local sangat rentals within walking distance for \$30-\$80 per night:

- Amrit Nivas rentals: 505-753-5086 email: nam@newmexico.com

- Golden Dome Studios: 505-747-0979

- Nanak Nivas rentals/LYF Foundation: **505-920-5006** email: sevak@sikhdharma.org

- Short term furnished rentals

Fully Furnished cute 2 bedroom, 1 bath home. Master has Queen bed & 2nd bedroom has 2 twin beds/ Pull out couch/Newly renovated. Sleeps 6. Walking distance to Ashram. You can rent partial or entire home. Clean and very Comfortable. Call Seva 505-920-5006 cell.

Registration Fees

Final registration is due by June 15th for The Japji Sahib Course. A non-refundable processing fee of \$50 will be charged for a cancellation prior to June 15th. A cancellation after June 15th will be charged the full course fee. Registration fee includes the course, course materials and 3 yogic vegetarian meals a day. First meal will be Sunday dinner, and last meal will be Tuesday dinner.

What to Bring:

For the course you will need to bring:

Water Bottle,
Plate you can wash after each meal,
Utensils,
Tea Mug-with lid,
Journal or paper and Pen,
Sheepskin and/or Meditation Cushion
Shawl,
Nitnam.

For New Mexico you will want to bring

Sun Screen,
Lip balm,
Visor/hat,
Emergen-C packets,
Pack clothing that you can layer for cool mornings and warm afternoons

Work Exchanges

There are a limited number of work exchanges available in Registration, Kitchen, Admin Support, and Audio/Visual Tech. If you are interested in a work exchange please contact Sat Jiwan Kaur sdsatjiwank@sikhdharma.org or (505-629-4721)