



SIKH DHARMA INTERNATIONAL

2026 SUMMER SOLSTICE PROGRAM

Sunday, June 21st

TIME	TITLE	DESCRIPTION
10:00 am - 1:00 pm	Sunday Morning Gurdwara	An inspiring gathering of Sangat (community) sharing Kirtan (devotional music) together
1:45 pm - 3:15 pm	Minister Gathering	All SDI Ministers are invited to join. The group discussion and meditation will focus on Guru Gobind Singh and the expression of the Radiant Body
3:30 pm - 5:30 pm	Beyond the Conditioned Mind: The Power of Surrender	Explore the space beyond habitual thought patterns, emotional reactivity, and limiting beliefs. This is a pathway to release resistances and access a deeper state of awareness through surrender.

Scan for more details and the
full Solstice Program >>>>





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Monday, June 22nd

TIME	TITLE	DESCRIPTION
10:00 am - 12:00 pm	A Master Class: Bowing Jaap Sahib: Bring Guru Gobind Singh Ji into your daily practice and your life	Everything that comes to us in our lives comes through what we attract through our radiant body and our aura.
10:00 am - 12:00 pm	Japji Sahib, Sikhi and Kundalini Yoga - Part 1	The foundation of all that we do is in Japji Sahib. There is a reason why the Aquarian Sadhana begins with Japji...
1:45 pm - 5:00 pm	Chanting the Name of the Divine: 3-Hour Japa	“Japa” means reciting and repeating the name of the Divine with great humility. We will dive deep into the sound current of the “Miracle Mantra”.

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2026 SUMMER SOLSTICE PROGRAM

Friday, June 26th

TIME	TITLE	DESCRIPTION
10:00 am - 12:00 pm	Japji Sahib, Sikhi and Kundalini Yoga - Part 2	The foundation of all that we do is in Japji Sahib. There is a reason why the Aquarian Sadhana begins with Japji...
1:45 pm - 3:15 pm	Merge Gurbani Kirtan & Kundalini Yoga to Achieve Spiritual Fitness for this Age of Information Overload	We will study how Kundalini Yoga and "Shabad kirtan" create functional brain change, give personal guidance and enhance your intuition...
3:30 pm - 5:00 pm	Walking with the Guru – Your Personal Path to God-Consciousness	Learn teachings from the time of the Gurus, explore our Sikh spiritual path and how we can apply it in our daily lives to connect with our own "inner Guru"...

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